



# Golden Lemons 60/40 Indica dominant

#### **CULTIVATOR NOTES**

Notes of sweet citrus and lemons with a heady aromatic finish. With her sweet lemon flavor profile and high potency, this strain is well suited for the seasoned cannabis connoisseur.



THC/CBD 22.1% THC



TERPENES
B-Myrcene
D-Limonene
B-Caryophyllene



BREEDER Crockett Family Farms



WINE PAIRING Chardonnay Sauvignon Blanc



FOOD Grilled fish Risotto Spring vegetables



EFFECTS
Deep relaxation
Mental clarity

MY NOTES		

#### **GOLDEN LEMONS: THE STORY**

Aloha Humboldt was gifted Golden Lemons from an anonymous source in 2018. This strain was chosen for her sweet lemon flavor profile and high potency; well suited for the seasoned cannabis connoisseur.



Need help or have questions? Aloha Humboldt's estate family farm is nestled in the dense forests of northeastern Humboldt on a mountaintop overlooking the Trinity Alps. Owners Linsey and Ryan Jones have been cultivating cannabis together since 1998, giving each plant individual attention and care. Email alohahumboldt@gmail.com.

### Taste Summer Forever!



# Tuna Tartare paird with Aloha Humboldt Golden Lemons

This pairing was designed by Khara Pechtes, founder of Food Flower Future with Chef Emily.

"We wanted to highlight the citrus flavors used in the tuna tartare and the hint of spiciness with the ginger and jalapeno used in the mix. Sushi rice is a bit sweet which also complements this strain. This is seriously perfect!" explains Pechtes.

Yield: serves 4-6 people

### Ingredients

l cup sushi rice
l tablespoon rice wine vinegar
l pound fresh tuna (ahi, yellowfin, bluefin), cut into 1/4 cubes
l/2 tsp grated fresh ginger
l medium sized cucumber, diced
l/4 cup of cilantro chopped
small shallot diced
l tsp sesame seeds
l jalapeño, small dice
l tbsp chives or green onions, chopped
l tbsp soy sauce
2 tsp Sriracha
l tbsp soy sauce
small avocado, cut in 1/4 inch cubes
vegetable oil for frying

pinch sea salt and ground black pepper to taste

## Preparation

Begin by rinsing the sushi rice well, then combining the rice and 2 cups of water in a pot. Bring water to a boil, then reduce the heat to low and cover. Cook for 15 minutes, then remove from the heat, keep the rice covered away from the heat for 10 minutes.

Place the cooked rice in a glass bowl and add the vinegar to the rice, combining well, and allowing to cool.

Spray the pan with oil or use vegetable oil to form a thin layer so the rice doesn't stick. Press the rice into a quarter sheet pan, forming a flat layer. \*Ideally, allow it to cool overnight. Using a cookie cutter (in desired shape and size) cut equally sized individual cakes of rice.

Heat a large pan on high heat with vegetable oil, about 1 inch high in the pan. Fry the rice cakes until they are golden brown. Place rice cakes on a paper towel to soak up the extra oil.

Combine all tartare ingredients together approx 10 minutes before serving and place in the fridge to let it rest. Top the rice cakes with the tartare mixture and garnish with sesame seeds and chives

Aloha!